

Alternate Dietary Request Form

In order to accommodate individual guest needs, requests must be submitted to the Camp Food Services Manager at least **two weeks prior** to your arrival. This will enable the food services team to plan appropriate meals and order needed foods. It is helpful for you to list foods that you regularly eat at home on the back of this form, especially if your dietary needs are restrictive. If we are unable to fulfill your request(s) due to cost or availability, our food services team will contact you to ask you to bring specific food items to supplement what is available at camp. Please note: alternate dietary requests will apply to all meals during the participants stay.

Participant Name: _____ Group Name: _____

Phone: _____ E-Mail: _____

Arrival Date: _____ First Meal is: _____

Departure Date: _____ Last Meal is: _____

We will provide meals for the following dietary choices: (please check if applicable)

Vegetarian Vegan No Pork No Beef No Fish

We also accommodate the following **medically necessary** dietary needs: (please check if applicable)

Lactose Intolerant (**No Dairy**) Gluten Intolerant (**No Gluten**) Diabetic (**Extra Protein**)

Food Allergies: These are the 8 most common food allergies. Please check any that are applicable:

Milk Eggs Peanut Tree Nut Fish Shellfish Soy Wheat

Corn Yeast Please be aware that these foods are used in our kitchen and served at our camp. If your allergy is so severe that this may be a problem, please make note of it here: _____

Other Food Allergy _____ (You will be contacted if this cannot be accommodated.)

You may be issued a card by your group leader upon your arrival at Camp Magruder. This card will state your dietary needs and must be presented to the kitchen staff as you pick up each meal so that they may provide the correct foods. We will do our very best to enhance your visit to Camp Magruder with delicious and healthy meals that meet your individual needs.

Return Form to: Camp Magruder, 17450 Old Pacific Highway, Rockaway Beach, OR 97136
or email completed form to: office@campmagruder.org